



## Expanding our Pacific food family....

Ni sa Bula Vinaka, Talofa, Malo and Halo olgeta! This is the 3rd issue of our Food Warrior Bulletin for 2022.

Over the last two months we have been hard at work preparing to shoot season 3 of Pacific Island Food Revolution. We announced the audition call at the end of June and this has been met with great enthusiasm and for some disappointment. Due to the travel restrictions in a number of countries, we had to make the difficult decision to shoot the entire season in Fiji.

While we will have contestants to represent each of the countries; Samoa, Tonga, Vanuatu, Fiji...and for the first time, Papua New Guinea, contestants will need to be in Fiji during the shoot in August. However, since the announcement we have been inundated with applications from across the region.....which is both exciting and challenging for our screening process.

I want to especially thank the Vanuatu High Commission, High Commission of Samoa, PNG High Commission, Sina and Taholo Kami, the University of the South Pacific, and the Fiji National University, in assisting us with the promotion of the auditions.

In June we celebrated, alongside the rest of the Pacific, when PIFR's Board Director, Sir Collin Fonotau Tukuitonga, was named a Knight Companion of the New Zealand Order of Merit, in this year's Queen's Birthday Honours list, for services to the Pacific and public health.

A great honor for a dear friend and colleague, and on behalf of the PIFR Board, team, and Food warriors across the Pacific we extend our warmest congratulations to Sir Collin.

Also in June, we began publishing our communication products, with FAO. PIFR is running a digital campaign with the FAO First programme and SIDs programme on agri-food systems, agri-nutrition, biodiversity & tourism, sustainable fishing & nutrition, and climate change. The campaign will continue until December 2022.

In July, I return to Fiji to shoot season 3 and I want to thank everyone for your support and trust in bringing the pieces together to make this possible.

Vinaka Vakalevu, tangkyu tumas, tenkyu tru, malo `aupito and faafetai.



**Robert Oliver MNZN,**  
Executive Director & Chair of  
Pacific Island Food Revolution.



## Foodie Doctor: Life is a huge experiment...



Dr Basil Leodoro & Dr Annette Garae, Season 2 contestants for Vanuatu

Dr Basil Leodoro was born on the island of Ambae, to father, a retired teacher and education administrator and now Anglican priest and mother, a retired registered nurse.

As a child he questioned everything: "...and encourage everyone to do so. Life is just one huge experiment and to experience it, you really have to get your hands dirty. Try everything. Do what makes you happy." The very same curiosity and confidence that would later lead him into the PIFR kitchen.

His earliest memory of food is eating hot spring rolls on early Saturday mornings while shopping at the markets with his father.

"Food is more than just love of family. It also signifies respect, reverence and reflection. It is the center piece of every family function whether it be death, birth or a celebration," added

Dr Basil. He has always been surrounded by strong women; his grandmother, mother and sisters, who cook for their families, provide advice, give tasks, coordinate the family functions, ensure everyone has something to eat, all whilst celebrating. It was like watching a beautiful orchestra. "They influenced me to pick up the stirring spoon. And believe it or not, I started off by washing the dishes...isn't that where all great chefs start?"

Dr Basil and his family fell in love with season 1; "It was so heartwarming to see our own people, our Pacific people on TV."

So, when he saw the audition advert on facebook, he thought "why not?". He and Annette, his competition partner and fellow doctor, applied with the hopes of being the first Foodie Doctors on TV.

Dr Basil believes that the show changes lives and following season 2, he and Primrose (S2 contestant) opened a restaurant in Luganville, called Rosie's. He believes that PIFR celebrates a way of life; family, culture, identity, history and the future.

Dr Basil and team have also started the SANMA Food Revolution in Vanuatu, that is supported by The Asia Foundation, and led by the communities of the Sanma province.

## BASIL AND NENE'S PACIFIC PAWPAW SALAD

### INGREDIENTS:

- 1 medium sized Green Pawpaw (equal to 2 cups when grated)
- 1 medium sized Cucumber
- 1 large Carrot
- ¼ of a Green English Cabbage
- 8-10 quartered Cherry Tomatoes
- 1 medium sized Capsicum
- 1 cup of Nagai nuts (Cashew Nuts or Almonds could be a substitute)

### FOR THE DRESSING

- 1 tbsp Vegetable Oil
- 1 tbsp of a light Vinegar
- A Pinch of Salt
- A Pinch of Sugar
- 1 tsp Lime Juice

### METHOD:

1. Peel and remove the seeds of the Pawpaw and cucumber, then grate along with the carrot that has been washed.
2. Very thinly slice the cabbage.

3. Cut the cherry tomatoes into quarters.
4. Thinly slice capsicum.
5. Add all the ingredients together and mix.
6. In a separate bowl, add dressing ingredients and mix well.
7. Add dressing to salad, mix well.
8. Top with Nagai nuts (or Cashews) and serve on a platter.





## International Outreach Stats



TV1 New Zealand



Maori TV New Zealand



ABC International



USA Placement  
(Coming Soon)



SBS Food Australia  
(Prime Time)



CHINA Placement  
(Coming Soon)



BITE TV -  
UK

### FACEBOOK STATISTICS

as at 30 JUNE 2022

**59,672**  
LIKES

Increase by 59.1%  
to over  
**4.6MILLION**

Engagement  
**6,000+**

### TELEVISION VIEWERSHIP

OVER **5** MILLION WEEKLY TV VIEWERS

SCREENED IN **12** PACIFIC ISLAND COUNTRIES

### WEBSITE

[www.pacificislandfoodrevolution.com](http://www.pacificislandfoodrevolution.com)

Food Warrior & Show pages increase by

# 691.8%

Bounce Rate

# 17.27%

## Na i Tukutuku (...in the News)



**Sir Collin Tukuitonga:  
the newest Niuean Knight**

"I hope that our young Pacific people see this and think, 'I can do that too.'"

*Sir Collin Tukuitonga, PIFR Board Member*

Waipapa Taumata Rau University of Auckland congratulates Associate Professor Collin Tukuitonga who has received a knighthood in the 2022 Queen's Birthday Honours.

Sir Collin is a proud Tagata Niue, born in the village of Alofi and is the third Niuean to receive a Knighthood. The first Sir Robert Rex (1984) was Niue's first Premier and the second, Sir Toke Talagi (2017), was also a well-respected Premier of Niue.

Sir Collin is a prominent figure in Pacific communities not only here in Aotearoa New Zealand but internationally. He has had a long, high-performing career and within this has always had Pacific people's health and wellbeing at heart.

Click [here](#) for entire article.

### DO YOU LOVE TO COOK?

We are now taking applications from home-cooks for Series 3 of Pacific Island Food Revolution!

Due to travel restrictions, we will film all of Series 3 in Suva, Fiji. If you are from Tonga, Samoa, Vanuatu, Fiji & Papua New Guinea and will be in Fiji in August 2022, we'd love for you to apply!

Teams of two from any of these participating countries will be cooking in a friendly competition against each other.

We'd love to see family teams, best friends & couples apply - for example Auntie & Nephew, Father & Daughter, Cousins, Siblings, Long-Time Friends etc. Applicants must be aged 18+.

All participants will be mentored and supported by Chef Robert Oliver to cook healthy and delicious dishes with local produce. Come and join the Revolution family, learn, have fun and represent your country.

To apply, please email [cindi@pacificislandproductions.co.nz](mailto:cindi@pacificislandproductions.co.nz) and we'll arrange an audition for you.

Dates teams are required for filming:

TONGA - 8th, 13th, 14th, 24th & 25th August 2022  
 SAMOA - 9th, 15th, 16th, 24th & 25th August 2022  
 FIJI - 10th, 17th, 18th, 24th & 25th August 2022  
 PNG - 11th, 20th, 21st, 24th & 25th August 2022  
 VANUATU - 12th, 22nd, 23rd, 24th & 25th August 2022

## Audition Call for Pacific Island Food Revolution S3 in Fiji

PIFR has advertised for applications for teams from Samoa, Tonga, Fiji, Vanuatu and Papua New Guinea who will be in Fiji during the month of August 2022.

Contestants are encouraged to showcase their love for food and passion for cooking, while promoting local food and traditional recipes. They will also be mentored by international chef, author and Pacific Island Food Revolution host, Robert Oliver, MNZM.

To apply simply email [cindi@pacificislandproductions.co.nz](mailto:cindi@pacificislandproductions.co.nz) TODAY. Applications on 20 July & auditions will be held at the end of July.

Click [here](#) to view the poster.

